

CC10 Health promotion and public health

Assessment of this module can be carried out as part of clinical workplace assessments using CbD or ACAT-EM or may be included within MSF. Alternatively, it can be assessed via separate AA or some of the competencies can be obtained through completion of an eLc.

Potential situations in which health promotion competencies could be included as part of the overall assessment include the following:

- Patient attending with presenting complaint related to alcohol or drug misuse
- Patient attending with any presentation who are morbidly obese or suffer from malnutrition
- Patients requiring advice on weight loss, alcohol intake, exercise etc as result of diagnosis e.g. ACS and smoking
- Patients attending with suspected sexually transmitted disease
- Patient presenting with a potentially notifiable disease

Trainees are expected to achieve EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/ Skill/ Behaviour	Detail of competency
Knowledge	Understands the factors which influence health – psychological, biological, social, cultural and economic (especially poverty)
	Understands the factors which influence the incidence and prevalence of common conditions, including the influence of lifestyle on health and factors that may influence an individual to change
	Where relevant, according to local/national policy or service delivery –understands the purpose and principles of screening programmes
	Knows the key local concerns about health of communities such as smoking and alcohol/ drug misuse and available cessation support
	Knows the safe drinking limits for alcohol in females and males and how to assess patients for dependency or harmful drinking
	Knows the impact of obesity and malnutrition on overall health and cognitive ability. Understand how these might occur at the same time

Knowledge/ Skill/ Behaviour	Detail of competency
	Understands issues surrounding other determinants of health such as occupation, exercise and sexual health
	Understands issues relating to social and family contacts with suspected malaria, TB, Hepatitis B/C, HIV/AIDS
Skills	Identifies opportunities to prevent ill health and disease in patients and communicates these to an individual and their relatives,
	Takes a drug, alcohol and smoking history in all relevant patients
	Counsels patients appropriately on the benefits and risks of screening and sign-post patients to appropriate services
	Counsels patients on reducing risk of common infections, diseases e.g. malaria, HIV
	Supports an individual in a simple health promotion activity (e.g. smoking cessation)
Behaviour	Engages in effective team-working around the improvement of health
	Encourages, where appropriate, screening to facilitate early intervention
Paediatric specific competencies	Is aware of risk-taking behaviour in adolescents and young adults and this impact on choices with regard to sexual behaviour, use of alcohol, illicit drugs and tobacco